

The Tunnel Project – Alternative Provision



Hampshire
County Council

Music Service

Why?

A tunnel is a passageway through or underneath an obstruction to get from one place to another. There is light at the end of the tunnel, and these are the messages we aim to share with the children and young people we work alongside.

With all of the complications of everyday life, an increasing number of our children and young people are finding it harder to make sense of their world. The poor mental health and wellbeing of our young people is a challenge and has a detrimental effect on their ability and readiness to engage and learn. Our projects are designed to catch these youngsters and offer them support through music to give them an alternative light at the end of their tunnel.

We aim to build relationships; make connections with the youngsters we meet and develop a sense of trust and mutual respect through the music and music making that we explore.

Who?

Each project is bespoke and our aim is to provide appropriate support for any child or young person who is experiencing difficulty in accessing their learning.

Ideally suited to upper primary and secondary aged pupils.

Work can be accessed on a 1 to 1 level, or in small groups

How?

The Tunnel project is the overarching name for a series of different projects; there are currently three strands* of access

- 1) Secure homes for young people suffering with mental illness
- 2) Secondary school well-being/resilience centres
- 3) Care homes for young people in care

The common goal across all strands is to engage young people and use music as a vehicle to improve their lives. Each individual project develops it in its own way, responding to the interest and motivation of the youngsters involved to have maximum impact. With this bespoke approach we are able to allow for the work to follow a route determined by the individual guided by our practitioner, and strive to use the allocated time most effectively for the best outcomes for the young people we work with.

Where?

Our HMS practitioners will come to you and work within a familiar environment for the young people. The most appropriate space can be discussed between staff who regularly work with the CYP and our practitioner to facilitate the best outcomes for each individual.

When?

Monday – Friday within & after school hours

Our availability is mostly term time only, although there is flexibility during some holiday times.

Sessions can be 30 minutes – 1 hour long, in response to engagement and motivation of CYP involved

What does it cost?

Our current rate is £670 per term which can be split between individuals / small groups

How do I access the Tunnel Project for my setting?



Hampshire
County Council

www.hants.gov.uk/hms

The Tunnel Project – Alternative Provision



Hampshire
County Council

Music Service

How do I access the Tunnel Project for my setting?

If you feel that you have youngsters in your setting that could benefit from this approach and would like to discuss the Tunnel Project further, please contact: liz.davies@hants.gov.uk.



Don't judge each day by the harvest you reap, but by the seeds that you plant
Robert Louis Stevenson

*Three strands of access:

Secure homes

... with those who are the most vulnerable in society whether to themselves or others. The spectrum of young people involved in this area of work is vast and their needs vary greatly. Music is used to offer an opportunity for self-expression, a way to find or share their voice, a link back to happier times or as a chance just to sit and share music for pleasure, and talk about how that relates to feelings, using music to validate those feelings and recognising that all feelings are valid.

Our practitioners work alongside familiar adults in your setting to share and music make together in response to the interests and motivation of each individual.

Sessions should be regular, but can be flexible depending on concentration, circumstances and levels of engagement.

Secondary school centres

... with those who are deemed to be vulnerable by the school, for example, youngsters with anxiety related issues or issues affecting attendance. Our HMS practitioners adapt their approach and content of musical experiences to best suit the young person's needs. This can include using ipads, bass guitars, drums, ukuleles or a combination of experiences; and has been successful with many participants, even those who deem themselves unmusical.

Sessions should be regular to build up familiarity with each other, and also develop a routine for the young person to engage in a learning activity.

The care home

...for those in care-home situations. Our HMS practitioner will meet with the young person and begin to develop a relationship through initial conversations to find out what they would like to explore, and what they aspire to in music. Our practitioner will also make an informal assessment about the level each young person is working at musically, and then develop a plan to move forward with the aim of reaching that goal.

On-going liaison with regular care givers is vital to the level of success in this setting and helps to create a bigger picture for our practitioner to work with.